ROGERS CITY ELEMENTARY & MIDDLE SCHOOLS 2017-2018

Rogers City Area Schools are an equal opportunity employer. Tony Friday, Food Service Supervisor 734-9164

Lunch served to Elementary students only on half days

Menu is subject to change without notice.

	Monday		MON	IDAY		TUESDAY				WEDNES	DAY	THURSDAY		FRIDAY		
	Banana Bread,	BBQ Ch		Slider w/	Power	Oven Baked Chicken Drumsticks Tossed Salad, Mashed Potatoes Diced Pears, Apple Dinner Roll, Choice of Milk Ranch Dressing				Cheeseburger Meatlo	af on a Bun	Chicken Caesar Salad Celery Sticks, Sweet Potato Puffs Diced Pears, Apple Garlic Toast, Choice of Milk Ranch Dressing, Ketchup		Turkey H	Turkey Hot Dog on a Bun	
	Yogurt & Scooby Snacks, Mini Bagels w/ Creamy Cheese Cinnamon Rice Chex Cereal Cinnamon Applesauce, Orange Smiles, Craisins 1% or Skim Milk	Dice	: Coins, ed Peac	aw Broccoli ches, App Ranch D	oles					Sweet Corn, Ove Banana, Rais Choice of M Ketchup, Ranch I	sins lilk			Baked Beans, Baby Carrots, Apple, Strawberry Cup, Choice of Milk, Fat Free Chocolate Milk, Ranch Dressing, Ketchup & Mustard		
	Tuesday		MONDAY				THE			WEDNES	DAV	THURSDAY		FRIDAY		
	Egg, Sausage & Cheese Biscuit, Maple Waffle Mini Bites	Cheeseburger/Hamburger				TUESDAY Chicken Tenders				Tacos		Penne Pasta w/ Meat Sauce			neese Pizza	
S	Cinnamon Rice Chex Cereal Yogurt & Scooby Snacks Turkey Sausage Link Raisins, Apple, Banana 1% or Skim Milk	Mixed Fru	uit, Appl n Dress	s, Oven F les, Choic ing, Ketcl stard	e of Milk,	Sweet Potato Fries, Tossed salad, Diced Pears, Oranges, Dinner Roll, Choice of Milk, Ketchup & BBQ Sauce Cup				Refried Beans, Lettuc Red Grapes, App Choice of N Salsa	olesauce,	Baby Carrots, Green Peas, Diced Peaches, Fresh Pear, Choice of Milk, Ranch Dressing		Apple, Ch	ad, Cucumber Slices, Strawberry Cup, loice of Milk, nch Dressing	
tion	Wednesday		MONDAY				THES			WEDNES	DAY	THURSDAY		F	RIDAY	
t Op	Mini Maple Pancakes w./ syrup French Toast Sticks w/ syrup	Tortillas				TUESDAY Pork Cutlet Sandwich				Sweet & Sour (Macaroni & Cheese		Chicken Patty Sandwich		
Breakfast Options	Frosted Mini Wheat Cereal, Frosted Flakes String Cheese, Cinnamon Applesauce, Apple, Orange Juice 1 % or Skim Milk	Orange	n & Pep e Smile Choice	ppers, Be s, Diced I e of Milk, Salsa		Oven Fries, Green Beans, Fresh Pear, Pineapple Tidbits, Choice of Milk, Ketchup, BBQ Sauce				Baby Carrots, Steamed Broccoli, Craisins, Applesauce, Brown Rice, Choice of Milk, Ranch Dressing		Tossed Salad, Cauliflower Florets, Apple, Diced Peaches, Dinner Roll, Choice of Milk, Ranch Dressing		Sweet Pot Tomatoes, Choice of N	ato Puffs, Lettuce & Mixed Fruit, Banana, /ilk, Ranch Dressing, ustard & Mayonnaise	
	Thursday														···· · · · · · · · · · · · · ·	
	Blueberry Muffin, Breakfast Rounds Yogurt & Scooby Doo Grahams, Craisins, Banana, Pear, Apple Juice 1% or Skim Milk	M	D	December T W T		F 1	M X	Janu T W X 3		T F 4 5	МТ	February W T 1		Cart items off	ool Students: ered daily for cash ent account sales.	
	Friday	4	5	6	7	8	8	9 10		11 12	5 6	7 8	9		fast Prices:	
	Apple Frudel,	11	12	13	14	15	15	16 17		18 19	12 13	14 15		<-8: Reduced:	\$1.30 \$.30	
	Chocolate Chip Oatmeal Bar Cinnamon Rice Chex Cereal w/ Scooby Snacks Cinnamon Toast Crunch Cereal w/ Grahams.	18	19	20	21	22	22	23 24		25 26	19 20	21 22	23	Adult:	\$1.95	
		X	Х	X	X	X	29	30 31			26 27	28	10.0			
	Orange Smiles, Strawberry Cup, Pear, Apple Juice,	10010	0.47	1.1	CONTRACTOR DESIGNATION			-	0.246810		ALC: NO DECK			h Prices:		
	1% or Skim Milk	1%	1% Unflavored or Flavored M				Ailk served at lunches							<-5: 5-8:	\$2.25 \$2.75	
		_	_						An alter of				Reduced:	\$.40		
	Breakfast Requirements		Рау	Online	for Scl	hool Me	ils!						Adult:	\$3.75		
Pick 1 Grain + 1 Fruit + Milk = A healthy reimbursable Breakfast				^{fast} Pay online any				ebit						Heathy & Nutritious		
	Lunch Requirements		or credit card and view your										All grains a	re whole grain		
A Frui	it and a Vegetable are required for a healthy and nι	utritious		student's account at:							PO-	Road			ot dog buns and	
lunch	· · · · · · · · · · · · · · · · · · ·			www.sendmoneytoschool.com								pasta.				

St. Ignatius & St. Johns Schools

Rogers City Area Schools are an equal opportunity employer.

Menu is subject to change without notice.

	Monday	ľ	MON	DAY			TUES	DAY	WE	DNESDAY	THURSDAY		FRIDAY	
	Banana Bread, Yogurt & Scooby Snacks, Mini Bagels w/ Creamy Cheese Cinnamon Rice Chex Cereal Cinnamon Applesauce, Orange Smiles, Craisins 1% or Skim Milk		Sla Coins, E ed Peach	Broccoli E hes, Appl	Buds les	Oven Baked Chicken Drumsticks Tossed Salad, Mashed Potatoes Diced Pears, Apple Dinner Roll, Choice of Milk Ranch Dressing			Swee B	rger Meatloaf on a Bun et Corn, Oven Fries anana, Raisins Choice of Milk up, Ranch Dressing	Chicken Caesar Salad Celery Sticks, Sweet Potato Puffs Diced Pears, Apple Garlic Toast, Choice of Milk Ranch Dressing, Ketchup		Turkey Hot Dog on a Bun Baked Beans, Baby Carrots, Apple, Strawberry Cup, Choice of Milk, Fat Free Chocolate Milk, Ranch Dressing, Ketchup & Mustard	
	Tuesday	MONDAY					TUE	SDAY	W	EDNESDAY	THURSDAY		FRIDAY	
	Egg, Sausage & Cheese Biscuit, Maple Waffle Mini Bites Cinnamon Rice Chex Cereal Yogurt & Scooby Snacks Turkey Sausage Link Raisins, Apple, Banana 1% or Skim Milk	Chees Celer Mixed Fru	e r/Hambu , Oven Fi	u rger ries, e of Milk,	Diced	Chicken t Potato Fri Pears, Ora ice of Milk,	Tenders es, Tossed salad, nges, Dinner Roll, Ketchup & BBQ e Cup	Refried Be	Tacos ans, Lettuce & Tomatoes, Grapes, Applesauce, Choice of Milk, Salsa	Penne Pasta w/ Meat Sauce Baby Carrots, Green Peas, Diced Peaches, Fresh Pear, Choice of Milk, Ranch Dressing		Cheese Pizza Tossed Salad, Cucumber Slices, Apple, Strawberry Cup, Choice of Milk, Ranch Dressing		
tion	Wednesday		MON	DAY			TUE	SDAY	WEDNESDAY		THURSDAY		FRIDAY	
Breakfast Options	Mini Maple Pancakes w./ syrup French Toast Sticks w/ syrup Frosted Mini Wheat Cereal, Frosted Flakes String Cheese, Cinnamon Applesauce, Apple, Orange Juice 1 % or Skim Milk	Orange	Tortillas Onion & Peppers, Beans, Orange Smiles, Diced Pears, Choice of Milk, Mild Salsa				Pork Cutlet Sandwich Oven Fries, Green Beans, Fresh Pear, Pineapple Tidbits, Choice of Milk, Ketchup, BBQ Sauce			et & Sour Chicken rrots, Steamed Broccoli, isins, Applesauce, Rice, Choice of Milk, Ranch Dressing	Macaroni & Cheese Tossed Salad, Cauliflower Florets, Apple, Diced Peaches, Dinner Roll, Choice of Milk, Ranch Dressing		Chicken Patty Sandwich Sweet Potato Puffs, Lettuce & Tomatoes, Mixed Fruit, Banana, Choice of Milk, Ranch Dressing, Ketchup, Mustard & Mayonnaise	
	Thursday									-				
	Blueberry Muffin, Breakfast Rounds Yogurt & Scooby Doo Grahams, Craisins, Banana, Pear, Apple Juice 1% or Skim Milk	м	December M T W T				January F M T W 1 X X 3			F M T	4 2		Breakfast Prices: it. Johns: \$1.30 Reduced: \$.30	
	Friday	4	5	6	7	8	8	9 10		12 5 6	7 8 9 14 15 16		dult: \$1.95	
	Apple Frudel, Chocolate Chip Oatmeal Bar Cinnamon Rice Chex Cereal w/ Scooby Snacks Cinnamon Toast Crunch Cereal w/ Grahams, Orange Smiles, Strawberry Cup, Pear, Apple Juice, 1% or Skim Milk	11 18 X	12 19 X Unflavo	9 20 21		15 15 16 17 22 22 23 24 X 29 30 31			18 19 25 26 19 20 26 27		21 22 23 28		Lunch Prices: K-8: \$2.25 Reduced: \$.40 Adult: \$3.75	
		170	onnave		lavorea					And the				
	Breakfast Requirements . Grain + 1 Fruit + Milk = A healthy reimbursable Bre Lunch Requirements it and a Vegetable are <u>required</u> for a healthy and nu	C S	Pay Online for School Meals! Pay online anytime using a debit or credit card and view your student's account at: www.sendmoneytoschool.com									Heathy & Nutritious All grains are whole grain except for hot dog buns and pasta.		

ROGERS CITY HIGH SCHOOL 2017-2018

Rogers City Area Schools are an equal opportunity employer.

Breakfast Options

Pic

A F lun Menu is subject to change without notice.

Monday				IDAY			TUES		WE	DNESDAY	THURSDAY		FRIDAY	
	Banana Bread, Yogurt & Scooby Snacks, Mini Bagels w/ Creamy Cheese Cinnamon Rice Chex Cereal Cinnamon Applesauce, Orange Smiles, Craisins 1% or Skim Milk	Power Power ot Coins, I ced Peac	BBQ Pork or Slaw Broccoli I ches, App Ranch Di	Buds		BBQ C Cucumbe Tossed Diced Pea nner Roll, C	h icken er Slices Salad,	Cheeseburg Oven Ba Ba C	ger Meatloaf on a Bun ked Potato Wedges, Sweet Corn, nana, Raisins hoice of Milk shup & Mustard	Chicken Caesar Salad Celery Sticks, Sweet Potato Puffs Diced Pears, Apple Garlic Toast, Choice of Milk Ranch Dressing, Ketchup		Chili Turkey or Turkey Hot Dog on a Bun Baked Beans, Baby Carrots, Apple, Strawberry Cup, Chocolate Chip Cookie Choice of Milk, Ketchup & Mustard		
Tuesday					,		17	5		DNESDAY	THURSDAY		FRIDAY	
Λ	Egg, Sausage & Cheese Biscuit, Maple Waffle Mini Bites Cinnamon Rice Chex Cereal Yogurt & Scooby Snacks Turkey Sausage Link Raisins, Apple, Banana 1% or Skim Milk	Cheese Cele Mixed Fr	eburger/H Bi ery Sticks ruit, Apple	Hamburg Bun s, Oven F les, Choic etchup &	ger on a Fries, ce of Milk,	Ora Dinne	Chicken et Potato Fri anges Smile er Roll, Cho	SDAY Tenders es, Tossed salac s, Diced Pears, ice of Milk, Ketch BQ Sauce Cup	, Refried Bea Red G	aco Salad w/ Chips ns, Lettuce & Tomatoes, rapes, Applesauce, Rice, Choice of Milk, Salsa	Penne Pasta w/ Meat Sauce		Cheese Pizza Tossed Salad, Cucumber Slices, Apple, Strawberry Cup, Blueberry Muffin, Choice of Milk, Ranch Dressing	
	Wednesday		MON	IDAY			TUES	SDAY	WE	DNESDAY	THURSDAY		FRIDAY	
вгеактазт Ор	Mini Maple Pancakes w./ syrup French Toast Sticks w/ syrup Frosted Mini Wheat Cereal, Frosted Flakes String Cheese, Cinnamon Applesauce, Apple, Orange Juice 1 % or Skim Milk Thursday	& Peppers Diced Pe Choice	s in Soft 1 rs, Refried ears, Brov e of Milk, Salsa	d Beans,	0)ven Fries, (sh Pear, Pir	t Sandwich Green Beans, neapple Tidbits, of Milk, 3BQ Sauce	Baby Carr Craisi Brown	t & Sour Chicken ots, Steamed Broccoli, ns, Fresh Orange, Rice, Dinner Roll, Milk, Ranch Dressing	February Al a		Chicken Patty Sandwich Sweet Potato Puffs, Lettuce & Tomatoes, Mixed Fruit, Banana, Choice of Milk, Ranch Dressing, Ketchup, Mustard & Mayonnaise		
	Blueberry Muffin, Breakfast Rounds Yogurt & Scooby Doo Grahams, Craisins, Banana, Pear, Apple Juice 1% or Skim Milk	М	De	ecember W T		F 1	M X	Januar T W X 3	ry T F 4			- М Т	Cart items offered daily for cash positive student account sales.	
	Friday	4	5	6	7	8	8	9 10		2 5 6	7 8 9		Breakfast Prices: -12: \$1.30	
	Apple Frudel, Chocolate Chip Oatmeal Bar Cinnamon Rice Chex Cereal w/ Scooby Snacks	11 18 X	12 19 X	13 20 X	14 21 X	15 X X	15 22 29	16 17 23 24 30 31	X) 25 2	12 13 6 19 20 26 27	14 15 X 21 22 23 28	R	educed: \$.30 dult: \$1.95	
	Cinnamon Toast Crunch Cereal w/ Grahams, Orange Smiles, Strawberry Cup, Pear, Apple Juice, 1% or Skim Milk	1%	6 Unflav∉	ored or F	Flavored	/ilk served at lunches						R	Lunch Prices: -12: \$2.75 educed: \$.40 dult: \$3.75	
Lunch Requirements Fruit and a Vegetable are required for a healthy and nutritious					iline an dit card nt's acco	ytime and v ount a	hool Me using a c iew your t: school.c	lebit					Heathy & Nutritious All grains are whole grain except for hot dog buns and pasta.	